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Foodways A 4-H Folkpatterns Project – What Do Those Word Really Mean

Michigan State University Cooperative Extension Service

4-H Club Bulletin

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What Do Those Words Really Mean?



Food in Folklore

- PURPOSE:** To become aware of how folklore can communicate meaning
- YOU'LL NEED:** Pen or pencil
- TIME:** 15-20 minutes
- HOW TO DO IT:** Read the folk sayings in the left column. Then read the list of meanings in the other column. Use a line to connect each saying or expression with its meaning.

Sayings

Meanings

- | | |
|---|--|
| 1. They're as alike as two peas in a pod. | a. She has red hair. |
| 2. She's a carrot top. | b. Why are you laughing? |
| 3. Have you got a feather in your tummy? | c. She's earning a living. |
| 4. He's a butterball. | d. That's a touchy subject. |
| 5. Apples don't fall far from trees. | e. They act like they're from the same family. |
| 6. She's bringing home the bacon. | f. They look or act the same. |
| 7. It's a hot potato. | g. Don't spend time waiting. |
| 8. A watched pot never boils. | h. He's an overweight person. |
| 9. It's as easy as pie. | i. It's simple to do. |

Can you add some more to this list?

NOW WHAT?

Make a food sayings dictionary. Be sure to include the following information:

Saying: _____

It means: _____

When I first heard it: _____

Who said it: _____

Collect as many sayings as possible. Print your dictionary on posterboard and put it on display. Encourage others to add sayings to your dictionary.